



THE VICTORIAN FUTSAL ACADEMY - BRUNSWICK

Mission statement: The Aim of the Program:

The provision of an optimal sporting preparatory program and realisation of high performance opportunities in Futsal at an elite level, through the development of skills, attitudes and knowledge in players, that will enable them to compete successfully at the highest levels on a regular basis.

Introduction:

On behalf of Futsal Oz, Inner City FC and The Victorian Futsal Academy it is a pleasure to announce the beginning of the Academy's, Brunswick campus, program for this year.

An intake of boys and girls ranging in ages between 6 to 18 will begin in February. A residential attendance of elite Open male players will also compliment and strengthen the playing personnel and overall program standard of participation. Teams will be consequently categorized in the appropriate ages.

A second intake of players is scheduled for mid July (Term 3). The two 15 session semesters, will entail a high performance curriculum, designed specifically for the player identified with the potential to represent the sport at state and national junior and senior levels. A highly unique and well planned calendar of events, competitions, tours, matches and training sessions will provide players with a professionally structured regimen that will undoubtedly nurture and further develop their Futsal abilities.

Program Content:

With the assistance of the latest sports science research and training methods available, the utilisation of modern facilities and equipment and the exploitation of qualified and experienced personnel, the Academy will strive to offer every possible amenity in the development of the athlete. The opportunity to reinforce the program by using available sports specific resources already established at universities, private fitness operators and elite sports governmental organisations will only enhance the experiences of the players chosen.

- Biomechanic evaluation of all technical aspects of player performance
- Regular counseling, lectures, handouts and advisory services will be offered within the program on issues of a technical and tactical nature, matters of psychological and physical concern, player management

